

# Welcome to healthcare virtually anywhere

Sign in online to get started.



patient.memd.me
True Blue

Visit Fee: \$67 (Urgent Care)

\$85 (Talk Therapy)

\$229 / \$99 (Initial Psychiatry / Follow-Up)



#### Your MeMD Plan Includes:



## **Urgent Care**

Adults and children can be treated 24/7 for routine health issues, such as cold and flu.



## Talk Therapy (18+)

Speak with a licensed therapist and get help in as few as 24 hours for common issues.



#### Psychiatry (18+)

Talk therapy, medications, psychosocial interventions and other treatments.

# Q What

**What's telehealth?** A service that helps you to reach a medical provider or therapist by app, phone or online.

**What's a visit fee?** A fixed amount that you owe at the time of your visit. Review your member card to see yours.

#### **Who**

**Who can use the service?** MeMD is available to you, your spouse/domestic partner, and children up to the age of 26.

Who will I see? Medical care is provided by our US-licensed and board-certified physicians, physician assistants and nurse practitioners. Licensed therapists provide talk therapy, while psychiatrists or psychiatric nurse practitioners provide psychiatry sessions.

# **When**

When should I use telehealth? When you need medical attention for a minor health concern anytime, day or night, at home or when traveling — or when facing an emotional or mental setback, we provide a convenient, discreet way to get help on your schedule.

**When can I use MeMD?** Medical care is available 24/7 - 365, and therapy visits can be scheduled in as few as 24 hours.

#### **How**

**How do I save more money?** MeMD provides a convenient and less expensive alternative to costly ER and urgent care visits, as well as access to more affordable therapy sessions.

## Where

Where can I use telehealth? Nationwide - from the privacy of your own home or office, online, over the phone, or by app.

#### Register online to start using your MeMD benefits:

- Request a visit with a MeMD provider 24/7/365, review past exams, schedule a behavioral health session, and when medically necessary, have prescriptions sent to your local pharmacy.
- After activating your account online, download the MeMD App on your Apple or Android device to view your plan details and get care right when you need it: go.memd.me/app